## **School Cycling Policy**

At Nook Lane Junior School we encourage pupils and parents to travel to school by bike wherever possible. To help with this we are working with UK charity Sustrans to make cycling to school easier for everyone.

This school cycling policy explains how we will be encouraging cycling to school. We will discuss the policy with the pupils and re-visit it periodically to ensure its relevance. For pupils unable to come by bike, we encourage walking and scooting or the use of public transport or car-share.

If you have any ideas to improve things at or around school for cyclists, or questions about travelling to school, please get in touch with Claire Lindley, Steve Arbon-Davis or your Sustrans Schools officer Tom Newman. Email: <a href="mailto:thomas.newman@sustrans.org.uk">thomas.newman@sustrans.org.uk</a>.

#### Some of the benefits of cycling to school include:

- Improving both mental and physical health through physical activity.
- Establishing positive active travel behaviour.
- Promoting independence and improving safety awareness.
- Reducing congestion, noise and pollution in the community.
- Reducing environmental impact of the journey to school.

#### To encourage as many pupils to cycle to school as we can, the school will:

- Actively promote cycling as a positive way of travelling.
- Celebrate the achievements of those who choose to cycle to school.
- Provide cycle storage on the school site.
- Provide high quality cycle training to all pupils who wish to participate.

# To make cycling to and from school a positive experience for everybody concerned, we expect our pupils to:

- Ride sensibly and safely and to follow the Highway Code.
- Check that their bicycle or scooter is roadworthy and regularly maintained.
- Behave in a manner which shows them and the school in the best possible light and to consider the needs of others when cycling.
- Consider wearing a cycle helmet.
- Ensure they can be seen by other road users, by using lights and wearing highvisibility clothing, as appropriate.

### For the well-being of our pupils, we expect parents and carers to:

- Encourage their child to cycle to school whenever possible
- Encourage their child to take up opportunities to develop their competence and confidence in cycling.
- Consider cycling with their child on the school run; possibly joining with other families as a 'cycle train'.
- Provide their child with equipment such as high-visibility clothing, lights, a lock and cycle helmet as appropriate.
- Ensure that the bicycles ridden to school are roadworthy and regularly maintained.

Please note: The decision as to whether a child is competent to cycle safely to and from school rests with the parent(s)/carer(s). The school has no liability for any consequences of that decision. Parents are advised to take out appropriate insurance cover for bikes (check home insurance) as the school's insurance does not cover any loss or damage to bicycles.